

GREENS

Super Greens with Added Probiotics

POWERHOUSE INGREDIENTS

Spirulina Broccoli Chlorella Kale
Turmeric Spinach Probiotics
Bovine Collagen Green Tea

HOW GREENS BY INTERNATIONAL PROTEIN WORKS?

- **TruServ™ Organic Greens Blend** provides a concentrated source of vitamins, minerals, and phytonutrients from kale, broccoli, and spinach to support detoxification, energy, and antioxidant protection.
- **Spectra™** delivers a clinically studied blend of 29 fruits, vegetables, and herbs that help combat oxidative stress and support nitric oxide levels for better circulation.
- **Hydrolysed Bovine Collagen** provide amino acids to support gut lining integrity, healthy skin, and connective tissue recovery.
- **LactoSpore® (Bacillus coagulans)** is a spore-forming probiotic that survives stomach acid to colonize the gut, supporting digestion, immune health, and reducing bloating.
- **Chlorella and Spirulina Powders** offer chlorophyll and trace minerals to promote detoxification and alkalinity. Together, these ingredients work synergistically to fuel energy metabolism, optimise digestion, protect cells from oxidative damage, and promote a healthy stress response.

WHY SHOULD YOU TAKE THESE GREENS?

- Provides plant-based nutrients, antioxidants, and phytonutrients to complement dietary intake.
- Supports digestive health with a stable probiotic (LactoSpore®).
- Includes hydrolysed collagen for amino acids.
- Contains spirulina and chlorella for natural trace elements and phytonutrients
- Convenient way to increase dietary variety.

Always read the label and follow directions for use. If you have concerns about your health, consult a qualified health professional.



MANGO

NUTRITION INFORMATION		
Serving size: 12 g	Qty per 12 g serve	Qty per 100 g
Servings per container: 30		
Energy	153 kJ	1310 kJ
	37 Cal	313 Cal
Protein	5.9 g	49 g
- Gluten	Nil detected	Nil detected
Fat - Total	Less than 0.1 g	Less than 1 g
- Saturated	Less than 0.1 g	Less than 1 g
Carbohydrates - Total	3.0 g	24.7 g
- Sugars	Less than 1 g	2.7 g
- Lactose	Nil detected	Nil detected
- Galactose	Nil detected	Nil detected
Dietary Fibre	Less than 1 g	4.9 g
Sodium	43 mg	357 mg
Potassium	62 mg	517 mg
LactoSpore® (Weizmannia coagulans)	2B CFU	16.7B CFU
Spectra™	100 mg	833 mg

INGREDIENTS: Hydrolysed Bovine Collagen, TruServ™ Organic Greens Blend (Organic Kale, Organic Broccoli, Organic Spinach), Acacia Gum, Flavours, Acidity Regulators (Citric Acid, Malic Acid), Anticaking Agent (Silicon Dioxide), Sweeteners (Sucralose, Acesulfame Potassium), LactoSpore® (Weizmannia coagulans), Spectra™ (Coffea arabica Extract, Green Tea Extract, Broccoli Sprout Concentrate, Onion Extract, Apple Extract, Quercetin, Tomato Concentrate, Broccoli Concentrate, Camu Camu Concentrate, Maltodextrin, Acerola Extract, Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Carrot Concentrate, Elderberry Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Raspberry Concentrate, Spinach Concentrate, Chokeberry Concentrate, Kale Concentrate, Blackberry Concentrate, Silicon Dioxide, Bilberry Extract, Brussels Sprout Concentrate), Chlorella Powder, Organic Spirulina Powder.

CHOCOLATE

NUTRITION INFORMATION		
Serving size: 12 g	Qty per 12 g serve	Qty per 100 g
Servings per container: 30		
Energy	157 kJ	1380 kJ
	38 Cal	330 Cal
Protein	5.8 g	48 g
- Gluten	Nil detected	Nil detected
Fat - Total	Less than 1 g	2.1 g
- Saturated	Less than 1 g	1.0 g
Carbohydrates - Total	2.9 g	24.1 g
- Sugars	Less than 1 g	2.9 g
- Lactose	Nil detected	Nil detected
- Galactose	Nil detected	Nil detected
Dietary Fibre	1.1 g	9.1 g
Sodium	120 mg	999 mg
Potassium	145 mg	1210 mg
LactoSpore® (Weizmannia coagulans)	2B CFU	16.7B CFU
Spectra™	100 mg	833 mg

INGREDIENTS: Hydrolysed Bovine Collagen, TruServ™ Organic Greens Blend (Organic Kale, Organic Broccoli, Organic Spinach), Cocoa Powder, Acacia Gum, Flavour, Anticaking Agent (Silicon Dioxide), Salt, Sweeteners (Sucralose, Acesulfame Potassium), LactoSpore® (Weizmannia coagulans), Spectra™ (Coffea arabica Extract, Green Tea Extract, Broccoli Sprout Concentrate, Onion Extract, Apple Extract, Quercetin, Tomato Concentrate, Broccoli Concentrate, Camu Camu Concentrate, Maltodextrin, Acerola Extract, Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Carrot Concentrate, Elderberry Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Raspberry Concentrate, Spinach Concentrate, Chokeberry Concentrate, Kale Concentrate, Blackberry Concentrate, Silicon Dioxide, Bilberry Extract, Brussels Sprout Concentrate), Chlorella Powder, Organic Spirulina Powder.

TROPICAL

NUTRITION INFORMATION		
Serving size: 12 g	Qty per 12 g serve	Qty per 100 g
Servings per container: 30		
Energy	145 kJ	1250 kJ
	35 Cal	299 Cal
Protein	5.5 g	46 g
- Gluten	Nil detected	Nil detected
Fat - Total	Less than 0.1 g	Less than 1 g
- Saturated	Less than 0.1 g	Less than 1 g
Carbohydrates - Total	2.9 g	24.0 g
- Sugars	Less than 1 g	2.9 g
- Lactose	Nil detected	Nil detected
- Galactose	Nil detected	Nil detected
Dietary Fibre	Less than 1 g	5.0 g
Sodium	41 mg	341 mg
Potassium	62 mg	517 mg
LactoSpore® (Weizmannia coagulans)	2B CFU	16.7B CFU
Spectra™	100 mg	833 mg

INGREDIENTS: Hydrolysed Bovine Collagen, TruServ™ Organic Greens Blend (Organic Kale, Organic Broccoli, Organic Spinach), Acacia Gum, Flavours, Acidity Regulators (Citric Acid, Malic Acid), Anticaking Agent (Silicon Dioxide), Sweeteners (Sucralose, Acesulfame Potassium), LactoSpore® (Weizmannia coagulans), Spectra™ (Coffea arabica Extract, Green Tea Extract, Broccoli Sprout Concentrate, Onion Extract, Apple Extract, Quercetin, Tomato Concentrate, Broccoli Concentrate, Camu Camu Concentrate, Maltodextrin, Acerola Extract, Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Carrot Concentrate, Elderberry Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Raspberry Concentrate, Spinach Concentrate, Chokeberry Concentrate, Kale Concentrate, Blackberry Concentrate, Silicon Dioxide, Bilberry Extract, Brussels Sprout Concentrate), Chlorella Powder, Organic Spirulina Powder.

DAILY SUPERFOOD

GREENS

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PRODUCT OVERVIEW

Our Greens is a premium daily greens powder combining organic vegetables, clinically studied antioxidants, a stable probiotic strain, and traditional herbal extracts to help support digestive balance, antioxidant intake, and overall wellbeing.

We put in the research and development for people who want a simple, delicious way to increase plant-based nutrients as part of their daily routine.

WHY WE DEVELOPED THIS PRODUCT?

- Busy lifestyles can make it difficult to maintain dietary variety.
- We wanted to create a convenient, great-tasting formula to help bridge nutritional gaps.
- The combination of organic greens, patented ingredients, and traditional extracts offers a comprehensive approach to general wellbeing.
- We aimed to deliver a product that aligns with International Protein's commitment to high-quality, science-informed formulations.
- This formula was developed to support digestive health, antioxidant intake, and overall vitality as part of a balanced diet.

PATENTED INGREDIENTS

LactoSpore® (Bacillus Coagulans MTCC 5856)

- LactoSpore® is a shelf-stable probiotic strain developed to survive stomach acid and colonise the gut effectively. Clinical research shows it helps maintain digestive balance and supports gastrointestinal comfort.
- Shinde et al. (2013) reported improvements in abdominal discomfort and stool frequency.

Spectra™

- Spectra™ is a proprietary blend of 29 fruits, vegetables, and herbs that deliver a broad spectrum of polyphenols and antioxidants.
- In a controlled clinical trial (Kalman et al., 2017), a single serving significantly boosted antioxidant capacity and supported nitric oxide production, demonstrating measurable benefits after just one dose.

TruServ™ Organic Greens Blend

- TruServ™ uses validated analytical methods to ensure consistent phytonutrient content in every batch. This guarantees the potency and quality of organic kale, spinach, and broccoli powders.
- While TruServ™ as a blend is supported primarily by compositional validation, studies consistently associate higher vegetable intake with improved markers of health.

COMMON QUESTIONS & ANSWERS

Can I take this product with my usual protein shake?

- Yes, it can be mixed with protein or taken separately.

Do I need to refrigerate it?

- No, it is shelf-stable. Cool and dry place.

Is this product vegan?

- No, it contains bovine collagen.

Can I use it every day?

- Yes, it is designed for daily use as part of a balanced diet.

Is it suitable for children?

- Consult a healthcare professional before giving to children.

Can I take this while pregnant or breastfeeding?

- Seek advice from your healthcare professional before use.

Is it gluten-free?

- This product does not contain gluten-containing ingredients.

Can it help replace vegetables in my diet?

- It is not a substitute for fresh vegetables but can help supplement your intake.

Spectra™ and TruServ™ are a trademark of VDF FutureCeuticals, Inc. used under licence.

LactoSpore® is a Registered Trademark of Sabinsa in Australia, New Zealand, and China.



BE FEATURED: We want to see your delicious creations! Tag @International_Protein for your chance to be featured.

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