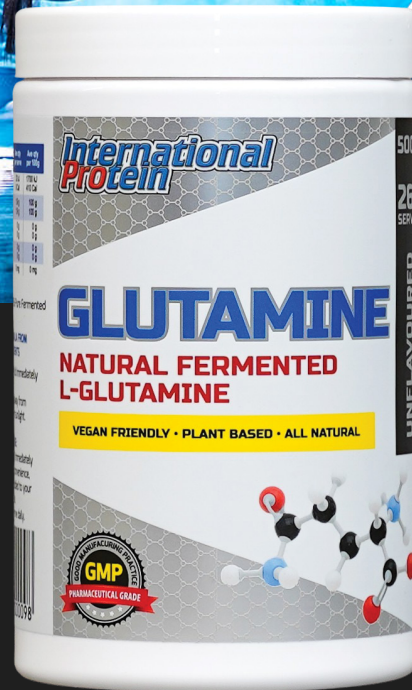




GLUTAMINE

NATURAL FERMENTED L-GLUTAMINE

VEGAN FRIENDLY • PLANT BASED • ALL NATURAL



Glutamine is the most abundant amino acid found in skeletal muscle tissue, making up about 60% of its total content, and is the predominant amino acid used during exercise. Although glutamine can be obtained from the diet, supplementation is often required to replace losses incurred during exercise / training.



Studies show that supplementing your diet and training with glutamine may improve recovery by decreasing muscle protein breakdown, increasing muscle protein synthesis and cell volume and by supporting immune system function. Glutamine may support muscle glycogen replenishment following exhaustive exercise.



International Protein's GLUTAMINE "Natural Fermented L-Glutamine", is manufactured using an exclusive natural fermentation process, followed by gentle extraction and purification to produce the purest form of L-Glutamine available. By using a fermentation process rather than a chemical reaction process, Natural Fermented L-Glutamine does not contain potentially harmful residual compounds like ammonia and methanol.



Because it's made naturally, International Protein's GLUTAMINE has a lighter odour, cleaner flavour and a less metallic aftertaste than synthetic L-Glutamine.

International Protein's GLUTAMINE is hypo-allergenic (low allergy). It is also free from gluten and animal products.

NUTRITION INFORMATION		
Servings per container: 263		
Serving size: 1.9g		
	Ave qty per serve	Ave qty per 100g
Energy	32 kJ 8 Cal	1700 kJ 410 Cal
Protein	1.9 g	100 g
- L-Glutamine	1.9 g	100 g
Fat - Total	0 g	0 g
- Saturated	0 g	0 g
Carbohydrates - Total	0 g	0 g
- Sugars	0 g	0 g
Sodium	0 mg	0 mg

INGREDIENTS: 100% Pure Fermented L-Glutamine

PACKED IN AUSTRALIA FROM IMPORTED INGREDIENTS

DIRECTIONS FOR USE:

Take 1.9g (1 SCOOP) immediately after training. For convenience, Glutamine can be added to your post-workout shake. Recommended 1 serve daily.



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