



AMINO CHARGED WPI



NO FILLERS OR STABILISERS

High quality protein and amino acids available for your body to digest at the fastest possible rate.



SUITABLE ON WATER

Delicious flavours formulated to taste great even when mixed on water. Also blends perfectly with alternatives such as almond and/or coconut milks, soy milk, low fat milk, even with yoghurt or fruit juice.



RECOVERY PROTEIN

Feed worked muscles with grass fed quality whey protein isolate, whey peptides, Arginine and Glutamine; all the nutrients needed to speed up the natural recovery process.



RAPID ABSORPTION

Fast digesting WPI and Hydrolysed Whey Peptides break down rapidly for fast absorption and efficient utilisation by the body.



GRASS FED WPI

Whey protein isolate made from healthy, happy grass fed cows, with naturally occurring nutrients including CLA, beta-carotene and Vitamin D.



DIGESTIVE ENZYMES

Added DigeZyme® to help break down proteins into simple amino acid chains to facilitate the absorption of these amino acids within the body.

WHEY PROTEIN ISOLATE (WPI) – highest protein (90% by dry weight basis), lowest fat and less than 1% carbohydrates and sugars (lactose). Sourced from Grass Fed Undenatured NZMP, our WPI is naturally high in bioactive peptides for muscle tissue synthesis. This nutrient packed protein is a rich source of all the essential amino acids and contains the highest concentration (22%) of Branched Chain Amino Acids (BCAA's), especially leucine of any protein source. BCAA's help facilitate muscle recovery after hard training or sport.

WHEY PEPTIDES – di and tri peptides from carefully hydrolysed Grass Fed Undenatured NZMP Whey Protein Isolate for ultra-rapid absorption. Whey peptides start the muscle building process by stimulating the liver to produce anabolic growth factors that stimulate muscle growth and enhance muscle recovery.

NUTRITION INFORMATION	Qty per 40g serve	Qty per 100g
Serving size: 40g		
Energy	636 kJ 152 Cal	1589 kJ 380 Cal
Protein	35.3 g	88.3 g
Fat - Total	0.3 g	0.7 g
- Saturated	0.1 g	0.3 g
Carbohydrates, Total	1.4 g	3.5 g
- Sugars	0.5 g	1.3 g
- Lactose	0.3 g	0.8 g
Dietary Fibre	0.1 g	0.3 g
Sodium	138 mg	345 mg
Potassium	406 mg	1015 mg
L-Glutamine	640 mg	1600 mg
L-Arginine	360 mg	900 mg

*All specified values are averages for all flavours

AMINO CHARGED WPI AMINO ACIDS (Typical Profile)		
ESSENTIAL AMINO ACIDS	Qty per 40g serve	Qty per 100g
Isoleucine	2557 mg	6392 mg
Leucine	3605 mg	9013 mg
Lysine	3220 mg	8050 mg
Methionine	870 mg	2175 mg
Phenylalanine	951 mg	2378 mg
Threonine	2481 mg	6203 mg
Tryptophan	792 mg	1981 mg
Valine	2187 mg	5468 mg
NON-ESSENTIAL AMINO ACIDS		
Histidine	420 mg	1051 mg
Alanine	1817 mg	4543 mg
Arginine	1123 mg	2808 mg
Aspartic Acid	3525 mg	8813 mg
Cysteine	687 mg	1718 mg
Glutamic Acid*	6599 mg	16498 mg
Glycine	422 mg	1054 mg
Proline	958 mg	2395 mg
Serine	1546 mg	3866 mg
Tyrosine	989 mg	2473 mg

*Glutamic Acid = Glutamine

FREE FORM NATURAL FERMENTED L-GLUTAMINE AND L-ARGININE – added to the naturally occurring glutamine & arginine in grass fed whey protein isolate to boost their levels, providing an even stronger amino acid profile. L-Glutamine & Arginine are 'critical cluster' amino acids which help spare muscle during periods of low energy intake/dieting.

DIRECTIONS FOR USE: Mix 40g (approx. 1 1/3 SCOOPS) with 200ml-300ml of cold water in a shaker or blender. Take three times daily to obtain your required protein intake. Best times for use are first thing in the morning, 20-30 minutes before and immediately after training or exercise.

INGREDIENTS: Whey Protein Isolate, Flavours, Hydrolysed Whey Protein Isolate (Whey Peptides), L-Glutamine, L-Arginine, Natural Colour (Curcumin), DigeZyme®, Sweetener (Sucralose), Emulsifier (Soy Lecithin). DigeZyme® is a trademark of Sabinsa



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