



SUPERIOR WHEY

WPI / WPC/ Whey Peptide Blend

- **Aspartame Free** • **Gluten Free**
- **Naturally High In BCAAs**
- **No Fillers Or Stabilisers**
- **Added L-Glutamine**

What makes our Whey SUPERIOR? Whey Protein for Superior Natural Development

Whey protein is a rich source of all the essential amino acids, especially leucine, which are needed for natural muscular development. Whey proteins are high in Branch Chain Amino Acids (BCAAs) which help facilitate muscle recovery after hard training or sport.

Whey Protein Isolate: Highest protein, lowest fat, naturally high in bioactive peptides for muscle tissue synthesis.

Whey Protein Concentrate: Natural immune fractions, anti-oxidants and growth factors.

Whey Peptides: Ultra rapid absorption and enhanced muscle recovery.

Natural Fermented L-Glutamine: Produced from rice without the use of chemicals so there are no toxic residues; only pure, clean L-Glutamine for recovery and immune function.

No Aspartame: Sweetened with sucralose for a pleasant taste and no unwanted compounds.

No Fillers or Stabilisers: Just high quality protein available for your body to digest at the rate it is meant to. Why pay for whey protein and then slow the absorption with gums and fillers?

Flavours: Chocolate, Vanilla, Banana, Cookies & Cream and Strawberry

Available In: 5lb (2.27kg) & 10lb (4.55kg) Bags

Easily Digested: Quality whey proteins for rapid and efficient digestion. NO vegetable gums or soy proteins, so it won't leave you feeling bloated.

No Gluten: No cheap glutamine peptides derived from hydrolysed wheat or low quality wheat proteins making it suitable for coeliacs and people with wheat allergies.

Easy Mixing: Just add water or milk and shake. Mixes quickly and easily into a delicious shake without the need for a blender.

NUTRITION INFORMATION

Servings per bag: 57 (2.27kg) 114 (4.55kg) Serving size: 40g	Qty per 40g serve	Qty per 100g
Energy	685 kJ 164 Cal	1711 kJ 409 Cal
Protein	31.2 g	78.0 g
Fat - Total	2.9 g	7.2 g
- Saturated	1.8 g	4.6 g
Carbohydrates - Total	2.7 g	6.8 g
- Sugars	1.5 g	3.8 g
- Lactose	1.2 g	3.1 g
Dietary Fibre	0.3 g	0.7 g
Sodium	75 mg	185 mg
Potassium	265 mg	660 mg
Calcium	145 mg (18% RDI)	365 mg

ALL SPECIFIED VALUES ARE AVERAGES FOR ALL FLAVOURS
RDI = RECOMMENDED DIETARY INTAKE